



## **Nima Javaheri Sets New Everesting Running World Record**

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**In an extraordinary feat of endurance and determination, endurance athlete Nima Javaheri has set a new Everesting Running World Record on Zurich's Uetliberg, the city's iconic mountain. Over the course of 240 hours, 48 minutes, and 58 seconds of continuous running, Nima achieved an elevation gain of 54,641 meters, covering a distance of 627 kilometers.**

Everesting is the challenge of climbing the height of Mount Everest (8,848 meters) by repeatedly ascending and descending a single hill or mountain. Nima completed this challenge 6 times in a row, with only 2 hours of sleep between each completed Everesting. For more details, visit the official Everesting™ website: [www.everesting.cc](http://www.everesting.cc).

These astounding numbers reflect the sheer magnitude of this record-breaking achievement. Nima conquered the steep and often technical trails of Uetliberg a total of 148 times, showcasing not only his physical strength but also his mental resilience.

Nima achieved the world record on his 42nd birthday, August 28th, surpassing the previous record set by Thomas Hollins in 2022, and then continued running for an additional three days.

The support from fellow runners who joined Nima for one or more loops on Uetliberg was phenomenal. This collective effort and encouragement were crucial in helping Nima maintain his focus and energy throughout the grueling challenge.

Nima's support team played a critical role in this success: Fargah, Nima's wife, practically lived at Albisgütli for 10 days, managing all the necessary supplies, cooking, and preparing everything to ensure Nima had what he needed at all times. Carsten Drilling, Bence Komlosi, and Andrea Pestoni provided additional support, helping with various tasks to keep the challenge running smoothly and running several loops alongside Nima, especially during the difficult night hours. Sam Rogue filmed and documented the entire 10-day journey, so a documentary on this incredible feat is something to look forward to in the near future.

On the final lap, exactly 10 days after starting his first loop, Nima was joined by numerous runners and friends who ascended to the top of Uetliberg, coinciding with the X Uetli Community running event. It was a grand celebration of his achievement.

Nima's remarkable accomplishment has been verified and approved by Everesting.cc, the official body governing Everesting records worldwide. You can view the official record here: [Everesting.cc Hall of Fame](#).

This achievement is not just a personal victory but a testament to the power of community and the human spirit. Nima's journey will undoubtedly inspire runners and adventurers worldwide to push beyond their limits.

Nima Javaheri and Andy van Bergen from Everesting.cc are available for interviews.

For more information and pictures please visit: <https://x-uetli.ch/media/everesting-world-record/>

Best regards

X Uetli

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